SYSTEMS SURVEY FORM

Signature Sex: Male Female Pulse: Recumbent Standing Negetatrian: Yee No No Standing Ragland's Test is Positive No Ragland's Test is Positive No No No No No No No N	Pa	tient _	Doc	tor		Date
Pulses: Recumbent Standing Regland's Test is Positive No No No No No No No N	Bir	th Date	Approx Weight			
Blood pressure: Recumbent Standing	Pu	lse: Re				
INSTRUCTIONS: Fill in only the circles which apply to you. ○ ○ MILD symptoms (occurred once or twice last mouths). ○ ○ ● MODERATE symptoms (occurred once or twice last mouths). ○ ○ ● SEVERE symptoms (chronic, occurred once or twice last week). ○ ○ Leave circles BLANK if they don't apply to you! 1 2 3 GROUP 1 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 1 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 1 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 1 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 4 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 4 1 ○ ○ ○ Carve circles BLANK if they don't apply to you! 1 2 3 GROUP 4 1 ○ ○ ○ Carve circles carve or melancholy sharp or the company of the company				Standing		,
● ○ MILD symptoms (occurred once or twice last of morthis). ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ● SEVERE symptoms (citronic, occurred once or twice last wast). ○ ○ ○ O Add foods upset ○ ○ ○ O Add foods upset ○ ○ ○ O Add foods upset ○ ○ ○ O Cold foods upset ○ ○ ○ O Putos speeds site meal ○ ○ ○ O Putos speeds site meal ○ ○ ○ O Cold support on the cold once of the cold onc	Covers	are are are a	Source Accountation	Januny –		Ragiand's Test is Positive [
O ● MODERATE symptoms (cocurred once or twice last month). O ● SEVERE symptoms (cocurred once or twice last week). O ○ Leave circles BLAMK if they don't apply to yout 1 2 3 GROUP 1 1 2 3 GROUP 1 1 2 3 GROUP 2 1 2 0 0 Dict chilled often 1 2 0 0 Cet chilled often 5 0 0 Cet chilled often 5 0 0 Dict chilled often once 5 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after mose 6 0 0 Kyodi up - fail to calm 7 0 0 Divines spends after retifing 8 0 0 Combination of the spends after retifing 9 0 0 Heart pounds after retifing 10 0 0 Combination of the spends after retifing 10 0 0 Combination of the spends of th					1 2 3	3
O ○ SEVERES symptoms (chronic, occurred once or twice last week). O ○ Leave circles BLANK if they don't apply to you! 1 2 3 GROUP 1 1 ○ 0 Acid foods upset 2 1 ○ 0 O Exclusion from the control of the	9 (O MIL	D symptoms (occurred once or twice last 6 months).	52	000	Awaken after few hours sleep - hard to get back to sleep
1 2 3 GROUP 1 1 2 3 GROUP 4 1 3 C 3 GROUP 4 1 3 G 3 G 3 G 3 G 3 G 3 G 3 G 3 G 3 G 3	0 () SF	VERE symptoms (occurred once or twice last month).	53	000	Crave candy or coffee in afternoons
1 2 3 GROUP 1 1 O O O Arid foods upset 56 O O Hands and feet go to steep easily, numbness 1	ŏò	O Lea	ave circles BLANK if they don't apply to you!			
1 2 S GNUP! 1 0 0 0 Acid foods upset 2 0 0 0 Cet chilled offen 3 0 0 0 Lump' in throat seality numbers 5 0 0 0 0 Cet chilled offen 5 0 0 0 Cet chilled offen 5 0 0 0 Cet chilled offen 5 0 0 0 Cet the last seality 6 0 0 0 Cet chilled offen 7 0 0 0 Cet the last seality 9 0 0 0 Unable to relate; startise assily 9 0 0 0 Unable to relate; startise assily 10 0 0 0 Cet throat seality 11 0 0 0 Strong light irritatises 11 0 0 0 Strong light irritatises 11 0 0 0 O Eventralities cold; claimed 11 0 0 0 Strong light irritatises 11 0 0 0 O Eventralities cold; claimed 12 0 0 O Unable to relate of the last seality 13 0 0 O Eventralities cold; claimed 14 0 0 0 Nevrous' stomach 15 0 0 O Appetite reduced 15 0 0 O Appetite reduced 16 0 0 Cold sweats often 17 0 0 O Fover easily raised 18 0 0 O Eventrality is starting 19 0 0 O Strong, blinks little 19 0 0 O Strong, blinks little 19 0 0 O Strong light irritations 19 0 0 O Strong, blinks little 10	-				000	
2 O O O Get chilled offen 3 O O O Tump' in throats 4 O O D Dy mouth-eyes-nose 5 O O P Dise speeds after meal 6 O O O Keyed up - fail to calm 7 O O O Cut theals slowly 8 O O O Gag esaily 9 O O O Unable to relax; startise easily 9 O O O Unable to relax; startise easily 9 O O O Unable to relax; startise easily 10 O O C Externilise sold, clammy 11 O O O Externilise sold, clammy 12 O O O Unite amount reduced 13 O O D Hand pounds after retiring 14 O O O Navrous' stomach 15 O O O Appelle reduced 16 O O O O Navrous' stomach 16 O O O O O Navrous' stomach 17 O O O C Externilise sold in the stomach sto				56	000	
3 O O D Lump" in throat 4 O O D Dy mouth eyes-nose 5 O O Pulse speeds after meal 5 O O Negety up - fail to calm 7 O O O Cut heals slowly 8 O O O Gag deaily 9 O O O Uthable to rolar, startles easily 9 O O O Uthable to rolar, startles easily 10 O O Extremilies cold, clarifier easily 11 O O O Extremilies cold, clarifier easily 11 O O O Extremilies cold, clarifier easily 12 O O O Info amount reduced 13 O O O Plant amount reduced 13 O O O Plant amount reduced 14 O O O Susceptible to colds and fire generic extrement of the cold was a reduced 15 O O O Appetite reduced 16 O O O O O Dill pain in cheet or radiating into left arm, worse on exertion 16 O O O O Provous* stomach often 17 O O O Power easily raised 18 O O O Starting, binks little 19 O O Starting, binks little 19 O O Starting, binks little 20 O O Joint stiffness on arising 21 O O O Joint stiffness on arising 22 O O Muscle-leg-toe carmps at night 23 O O Power easily raised 24 O O O Eyes blink often 25 O O O Starting, binks little 26 O O Starting, binks little 27 O O O Indigestion soon after meals 28 O O D Starting, binks little 29 O O Starting, binks little 20 O O Starting, binks little 20 O O Starting, binks little 21 O O D Starting, binks little 22 O O Muscle-leg-toe carmps at night 23 O O Bettlerify' stomach, cramps 24 O O O Eyes blink often 25 O O Starting, binks little 26 O O Starting, binks little 27 O O O Indigestion soon after meals 28 O O D Aways seems hungry; fools 'lightheaded' often 29 O O D Starting in easily 29 O O D Starting in easily 20 O O Starting in easily 20 O O Starting in easily 21 O O O Starting in easily 22 O O Muscle carmps at night 23 O O D Gentle south on the starting 24 O O O Starting in easily 25 O O D Starting in easily 26 O O Starting in easily 27 O O D Starting in easily 28 O O D Starting in easily 29 O O Starting in easily 29 O O Starting in easily 20 O O Starting in easily 20 O O Starting in easily 20 O O Starting in easily 21 O O O Starting in easily 22 O O Muscle carmps at night 24 O O O Starting in easily 25 O O O Starting in						
5 0 0 0 Music spects after meal 6 0 0 0 Ceyed up - fail to calin 7 0 0 0 Cut heals stowly 8 0 0 0 Cag assign 9 0 0 0 Unable to relar, startice easily 9 0 0 0 Unable to relar, startice easily 10 0 0 0 Externities cold, clammy 10 0 0 0 Externities cold, clammy 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Externities cold, clammy 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Externities cold, clammy 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Externities cold, clammy 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Externities cold, clammy 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 0 Unable to relar, startice easily 10 0 0 Unable to relar power starting easily. Thinks and blue spots 10 0 0 Unable to relar, startice easily 10 0 0 Unable to relar easily 10 0 0 Unable t	;	3000	"Lump" in throat			
Seyed up - fail to calm Compared to the sey of the compared to						
7 O O C Lit heals slowly 8 O O O Geg aesily 9 O O O Unable to relax; startice assily 9 O O O Unable to relax; startice assily 10 O O Extermiliae cold, clammy 11 O O O Extermiliae cold, clammy 11 O O O Strong light irritation 12 O O O Unable to relax; startice assily 13 O O Heart pounds after retring 14 O O Neuropur stomach 15 O O Appetite reduced 16 O O Strong light irritation 16 O O Cold sweats often 17 O O Forevreessily raised 18 O O O Cold sweats often 18 O O O Starting, blinks little 19 O O Starting, blinks little 19 O O Start stands often 19 O O Starting, blinks little 10 O O Starting, blinks little 10 O O Starting, blinks little 11 O O O Starting, blinks little 12 O O O Start starting, cramps 18 O O Starting, blinks little 19 O O Starting, blinks little 10 O O Starting, blinks little 10 O O Starting, blinks little 11 O O Starting, blinks little 12 O O O Start starting, blinks little 13 O O Starting, blinks little 14 O O Starting, blinks little 15 O O O Starting, blinks little 16 O O Starting, blinks little 17 O O I Starting, blinks little 18 O O Starting, blinks little 19 O O Starting, blinks little 19 O O Starting, blinks little 10 O O Starting, blinks little 10 O O Starting, blinks little 11 O O Starting, blinks little 12 O O O Starting, blinks little 13 O O Starting, blinks little 14 O O Starting, blinks little 15 O O O Starting, blinks little 16 O O Starting, blinks little 17 O O O Starting, blinks little 17 O O Starting, blinks little 18 O O Starting, blinks little 19 O O Starting, blinks little 19 O O Starting, blinks little 19 O O Starting, blinks little 10 O O Starting, blinks little 10 O O Starting, blinks little 10 O O Starting, blinks little 11 O O Starting, blinks little 12 O O O Starting, blinks little 12 O O O Starting, blinks little 13 O O O Starting, blinks little 14 O O O Starting, blinks little 15 O O O Starting, blinks little 16 O O Starting, blinks little 17 O O Starting, blinks little 18 O O Starting, blinks little 19 O O Starting, blinks little 19 O O O Starting, blinks little 10 O O	100					
8 O O O Gag easily 9 O O U Inhabite to refax; startites easily 10 O O O Externities cold, clammy 10 O O O Externities cold, clammy 10 O O O Externities cold, clammy 10 O O O D Catherities cold, clammy 10 O O O D Catherities cold, clammy 10 O O O D Catherities cold, clammy 10 O O O United amount reduced 12 O O O Unitine amount reduced 13 O O O Heart pounds after reting 14 O O Nervous' stomach 15 O O O Appellite reduced 16 O O Nervous' stomach 16 O O O Short stomach 17 O O O Fover easily raised 18 O O O Muscle castly, 'Back and we's pols 19 O O O Starrig, binist little 19 O O O Starrig, binist little 19 O O O Starright starring the starring of the						
10 O						
11 O O O Strong light strikutes 12 O O O Infine amount reduced 13 O O Heart pounds after retiring 14 O O Nervous' stomach 15 O O A papetite reduced 16 O O O Cold sweats often 17 O O Noises in head, or "ringing in ears" 18 O O Neuralja-like pains 19 O O Start, stiffness on arising 19 O O Start, stiffness on arising 20 O O O Sour stomach often 60 O O Extractively strikes on arising 21 O O O Sour stomach often 61 O O O Extractively stomach, carmps 62 O O O Extractively stomach, carmps 63 O O O Dizziness 74 O O Dizziness 64 O O Expelled swollen, puffy 75 O O Burling skin and feet 78 O O Excessive falling hair 79 O O Formuling frequent 80 O O Burling skin and feet 81 O O O Extractively stomach often 82 O O O Dizziness 83 O O O Expelled swollen, puffy 84 O O Dizzines in mouth in mornings 85 O O Dizziness 86 O O O Stort stiffness on arising 87 O O Dizziness 88 O O O Excessive falling hair 89 O O Stort stiffness on after meals 80 O O Stort stiffness on after meals 80 O O Stort stiffness on after meals 80 O O Dipestion rapid 81 O O O O Dizziness 82 O O O Dizziness 83 O O O Excessive falling hair 84 O O Dizziness in mouth in mornings 85 O O Dizziness 86 O O O Stort stiffness on after meals 87 O O Dizziness 88 O O Dizziness in mouth in mornings 89 O O Stort stiffness in mouth in mornings 80 O O Stort stiffness in mouth in mornings 80 O O Stort stiffness in mouth in mornings 81 O O Dizziness in meat of the meals of th				65	000	Muscle cramps warms during every net little land.
12 O O Urine amount reduced 13 O O Heart pounds after retiring 14 O O Nervous' stomach 15 O O Appetite reduced 16 O O Cold sweats orten 17 O O Pever easily raised 18 O O Neuralgia-like palns 19 O O Staring, blinks little 19 O O Staring, blinks little 19 O O Joint stiffness on arising 22 O O Sour stomach often 27 O O Joint stiffness on arising 28 O O Sure stomach, cramps 29 O O Sturtength stomach, cramps 29 O O Sturtength stomach, cramps 20 O O Sour stomach, cramps 20 O O Sour stomach often 21 O O Joint stiffness on arising 22 O O Musterlity stomach, cramps 23 O O Sturtength stomach, cramps 24 O O Sturtength stomach, cramps 25 O O Syes blink often 26 O O Syes blink often 27 O O Indigestion soon after meals 28 O O Always seems hungry, feels "lightheaded" often 29 O O Digestion rapid 30 O O O Constipation, diarrhea alternating 31 O O O Constipation, diarrhea alternating 30 O O O Constipation, diarrhea alternating 30 O O O Constipation, diarrhea alternating 30 O O O Constipation, diarrhea alternating 40 O O Sitive starter 41 O O O See sees are alting trequent 42 O O O Sees sive appetite 43 O O O Sees and safter retiring stomach are alting through the arm work on exertion 45 O O O Sees are alting threaded or often 46 O O O Constipation, diarrhea alternating 47 O O Difficultis wellowing 48 O O O Sitivation, diarrhea alternating 49 O O O Constipation, diarrhea alternating 40 O O Constipation, diarrhea alternating 41 O O Constipation, diarrhea alternating 42 O O Constipation, diarrhea alternating 43 O O Constipation, diarrhea alternating 44 O O Constipation, diarrhea alternating 45 O O Constipation, diarrhea alternating 46 O O Constipation, diarrhea alternating 47 O O Constipation, diarrhea alternating 48 O O Constipation, diarrhea alternating 49 O O Constipation, diarrhe				66	000	Shortness of breath on exerting
13 O O Heart pounds after retiring 14 O O Nervous" stomach 15 O O Appetitie reduced 17 O O Forevous" stomach 18 O O Cold sweats ortian 19 O O Stever easily raised 19 O O Start stomach often 19 O O Start stomach often 19 O O Start stomach often 19 O O Start stiffness on arising 19 O O Starting, blinks little 19 O O Start stiffness on arising 19 O O Start st				67	000	Dull pain in chest or radiating into left arm, worse on exertion
14 O O Nervours' stomach 15 O O O Nervours' stomach 16 O O Cold sweats often 17 O O Fever easily raised 18 O O Neuralgia-like pains 19 O O Staring, blinks little 19 O O Staring, blinks little 19 O O Joint stiffness on arising 20 O O Sour stomach often 10 O O Joint stiffness on arising 21 O O Joint stiffness on arising 22 O O Muscale-leg-toe cramps at night 23 O O Stuttern't' stomach, cramps 24 O O Eyes blink often 25 O O Eyes blink often 26 O O Eyes blink often 27 O O Indigestion soon after meals 28 O O Always seems hungry; feels "lightheaded" often 29 O O Difficulty swellowing 30 O O Wortin, feels irregular' 31 O O Difficulty swallowing 32 O O Braathing irregular 33 O O Difficulty swallowing 36 O O Constipation, diamrhee alternating 37 O O Stow starter' 48 O O Staring, blink are feet 49 O O Early sellowing 40 O O Early sellowing				68	000	Bruise easily, "black and blue" spots
71 O O Cold sweats often 72 O O Fever easily raised 73 O O Staring, blinks little 75 O O Staring, blinks little 76 O O Journal of the breasthone, or feeling of "tightness", worse on exertion 77 O O Brever easily raised 78 O O Staring, blinks little 79 O O Staring, blinks little 79 O O Staring, blinks little 70 O Joint stiffness on arising 71 O O Joint stiffness on arising 72 O O Muscle-leg-toe cramps at night 73 O O Burning feet 74 O O Dizziness 75 O O Burning feet 76 O O Burning feet 77 O O Indigestion soon after meals 78 O O Cyes blink often 79 O O Staring, blink often 79 O O Stiffness on arising 79 O O Stoff legation should red difficult 79 O O Stoff legation should red difficult 79 O O Stoff legation should red difficult 79 O O Stoff legation should red blades 79 O O Stoff legation should red bl	14	000	"Nervous" stomach			
To O O Fever easily raised To O O Fever easily raised S O O Neuralgia-like pains S O O Staring, blinks little S GROUP 5						
Neuralgia-like pains GROUP 5 GROUP 5 GROUP 6 GROUP 7 10 00 Joint stiffness on arising 10 00 Sour stomach often GROUP 7 10 00 Joint stiffness on arising 11 00 00 White stiffness on arising 12 00 00 White stiffness on arising 13 00 00 "Butterlly" stomach, cramps 15 00 00 Eyes blink often 16 00 00 Eyes blink often 17 00 00 Liching skin and feet 18 00 00 Eyes blink often 18 00 00 Eyes blink often 19 00 00 Eyes blink often 19 00 00 Eyes blink often 10 00 00 Eyes blink often 11 00 00 Eyes blink often 12 00 00 Eyes blink often 13 00 00 Eyes blink often 14 00 00 Eyes blink often 15 00 00 Eyes blink often 16 00 00 Eyes blink often 17 00 00 Eitter, metallic taste in mouth in mornings 18 00 00 Excessive falling hair 18 00 00 Excessive falling hair 19 00 00 Excessive falling hair 19 00 00 Excessive falling hair 19 00 00 Excessive falling hair 10 00 Excessive stiffling hair 10 00 Excessive falling hair 10 00 Ex				72	000	Tension under the breastbone, or feeling of "tightness".
9 O O Starring, blinks little GROUP 5						
GROUP 2 1 O O O Joint stiffness on arising 1 O O O Burning feet 1 O O O Joint stiffness on arising 2 O O O Muscle-leg-loe cramps at night 2 O O O Burning feet 2 O O O Eyes or nose watery 3 O O Eyes blink often 4 O O O Eyes blink often 5 O O Eyes blink often 6 O O O Eyes blink often 7 O O O Bitter, metallic taste in mouth in mornings 8 O O O Bitter, metallic taste in mouth in mornings 8 O O O Bitter, metallic taste in mouth in mornings 8 O O O Bitter, metallic taste in mouth in mornings 8 O O O Bitter, feels insecure 8 O O O Digestion rapid 8 O O O Worrier, feels insecure 8 O O O Breathing irregular 8 O O O Stools light colored 8 O O O Stool	19	000	Staring, blinks little			GROUP 5
21 O O O Joint stiffness on arising 22 O O Muscle-leg-toe cramps at night 23 O O Burmed vision 25 O O Eyes or nose watery 26 O O Eyes or nose watery 27 O O Eyes or nose watery 28 O O O Eyes or nose watery 29 O O Digestion spirit 29 O O Digestion spirit 29 O O Digestion rapid 30 O O Verifing frequent 30 O O Verifing frequent 31 O O Digestion rapid 32 O O Breathing irregular 33 O O Digestion spirit 34 O O Bays seems frequent 35 O O Digestion spirit 36 O O Digestion rapid 37 O O Digestion rapid 38 O O O Stoke spirit colored 39 O O Breathing irregular 39 O O Breathing irregular 30 O O Constipation, diarrhee alternating 30 O O Perspire easily 31 O O Difficulty swallowing 32 O O Difficulty swallowing 33 O O Difficulty swallowing 34 O O Constipation, diarrhee alternating 39 O O Perspire easily 40 O O Constipation, diarrhee alternating 40 O O Constipation, diarrhee alternating 41 O O Constipation, diarrhee alternating 42 O O Constipation, diarrhee alternating 43 O O Constipation, diarrhee alternating 44 O O Constipation, diarrhee alternating 45 O O Constipation, diarrhee alternating 46 O O Constipation, diarrhee alternation 47 O O Burning or itching anus 48 O O Constipation, diarrhee alternation 49 O O Constipation, diarrhee alternation 40 O O Constipation, diarrhee alternation 41 O O Subject to colds, asthma, bronchitis 42 O O Excessive appetite 44 O O Hungry between meals 45 O O Burning or itching anus 46 O O Conscipation, diarrhee alternation 47 O O Fatigue, eating relieves 48 O O Constipation, diarrhee alternation 49 O O Hungry between meals 40 O O Coreating waters in meals missed or delayed 40 O O Taightheaded if meals delayed 40 O O Vereating sweets unsets 41 O O O Vereating sweets unsets 42 O O O Vereating sweets unsets 43 O O O Coreating or irriirable browel*	20	000	Sour stomach often			
76 0 0 8 Blurred vision 80 10 Plutterfly" stomach, cramps 77 0 0 Eyes or nose watery 80 0 0 Eyes blink often 80 0 0 Blitter, metallic taste in mouth in momings 81 0 0 Bowel movements painful or difficult 82 0 0 0 Always seems hungry; feels "lightheaded" often 83 0 0 0 Eyes blink often 84 0 0 0 Greasy foods upset 85 0 0 0 Stools light colored 86 0 0 0 Stools light colored 87 0 0 0 Frequent Stor nashes 88 0 0 0 Evential in mouth in momings 89 0 0 0 Evential in mouth in momings 80 0 0 Evential in mouth in momings 81 0 0 Bowel movements painful or difficult 82 0 0 0 Worrier, feels insecure 83 0 0 0 Frequent Stor in secure 84 0 0 0 Greasy foods upset 85 0 0 0 Stools light colored 86 0 0 0 Stools light colored 87 0 0 0 Pales slow; feels "irregular" 88 0 0 0 Evential in mouth in momings 89 0 0 0 Stools light colored 89 0 0 0 Evential in mouth in momings 80 0 0 Evential in mouth in momings 80 0 0 Evential in mouth in momings 81 0 0 Evential in mouth in momings 82 0 0 Worrier, feels insecure 83 0 0 0 Frequent Stor in shes 84 0 0 0 Evential in Evential in mouth in momings 85 0 0 0 Stools light colored 86 0 0 0 Stools light colored 87 0 0 0 Pales slow; feels "irregular" 88 0 0 0 Evential in Evential in mouth in momings 89 0 0 0 Evential in Evential in Evential in Evential Intelligence 80 0 0 0 Eventia						
77 O O Itching skin and feet 28 O O Eyes or nose watery 29 O O Eyes or nose watery 29 O O Digestion soon after meals 29 O O Digestion rapid 30 O O Mover feets insecure 40 O O Breathing frequent 41 O O Breathing frequent 42 O O Digestion rapid 43 O O C Stools light colored 44 O O Digestion soon after meals 45 O O Digestion rapid 46 O O C Stools light colored 46 O O C Constipation, diarrhee alternating 47 O O Difficulty swallowing 48 O O Difficulty swallowing 49 O O Difficulty infrequently 40 O O Constipation, diarrhee alternating 40 O O Constipation, diarrhee alternating 41 O O Difficulty swallowing 42 O O Description, diarrhee alternating 44 O O Description for colds, asthma, bronchitis 45 O O Stools light colors 46 O O Description for colds, asthma, bronchitis 47 O O Fatigue, eating relieves 48 O O Description fritable before meals 49 O O Description fritable before meals 40 O O Eat when nervous 41 O O Description fritable before meals 42 O O Description fritable before meals 44 O O Description fritable before meals 45 O O Description fritable before meals 46 O O Description fritable before meals 47 O O Description fritable before meals 48 O O Description fritable before meals 49 O O Description fritable before meals 40 O O Description fritable before meals 40 O O Description fritable before meals 41 D O Description fritable before meals 42 D O Description fritable before meals 44 D O Description fritable before meals 45 D O Description fritable before meals 46 D O Description fritable before meals 47 D Description fritable before meals 48 D D Description fritable before meals 49 D D Description fritable before meals 40 D Description fritable before meals 40 D Description fritable before meals 41 D D Description fritable before meals 42 D D Description fritable before meals 45 D D Description fritable before meals 46 D D Description fritable before meals 47 D D Description fritable before meals 48 D D Description fritable before meals 49 D D Description fritable before meals 50 D D Description fritable before	21	000	Joint stiffness on arising			
24 O O C Eyes blink often 25 O O Seyes blink often 26 O O Eyelids swollen, puffy 27 O O Indigestion soon after meals 28 O O Always seems hungry; feels "lightheaded" often 29 O O Digestion rapid 30 O O Worriing frequent 31 O O Hoarseness frequent 32 O O Breathing irregular 33 O O Pulse slow; feels "irregular" 36 O O Sagging reflex slow 37 O O Difficulty swallowing 38 O O Difficulty swallowing 39 O O Difficulty swallowing 39 O O Constipation, diarrhea alternating 30 O O Perspire easily 40 O O Get "chilled" infrequently 41 O O Subject to colds, asthma, bronchitis 42 O O O Bawel means 44 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O O Burring stream to foul-smelling gas 49 O O Heart palpitates if meals missed or delayed 51 O O O Worreading sweets unserts 51 O O O Worreading sweets unserts	23	000	"Butterfly" stomach cramps			
So o Sepaids swollen, purify 27 O O Indigestion soon after meals 28 O O Always seems hungry; feels "lightheaded" often 29 O O Digestion rapid 30 O O Worrier, feels insecure 31 O O Hourier, feels insecure 32 O O Stools light colored 33 O O Peeling queasy; headache over eyes 34 O O Greasy foods upset 35 O O Skin peels on foot soles 36 O O Skin peels on foot soles 37 O O Gagging reflex slow 38 O O O Stools light colored 38 O O O Skin peels on foot soles 39 O O Stools light colored 30 O O Stools light colored 30 O O Skin peels on foot soles 30 O O Skin peels on foot soles 31 O O O Stools alternate from soft to watery 32 O O Breathing inspection of light colored 33 O O O Stools alternate from soft to watery 34 O O Gagging reflex slow 35 O O Difficulty swallowing 36 O O Constitution, diarrhea alternating 37 O O "Slow starter" 38 O O O Breathing inspection of light colored 39 O O O Stools alternate from soft to watery 40 O O Circulation poor, sensitive to cold 41 O O Subject to colds, asthma, bronchitis 42 O O Eat when nervous 43 O O Eat when nervous 44 O O Hungry between meals 45 O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O Hungry between meals 49 O O Hungry between meals 40 O O Fatigue, eating relieves 41 O O Gas shaky" if hungry 42 O O Fatigue, eating relieves 43 O O Fatigue, eating relieves 44 O O Hungry between meals 45 O O Gas shaky" if hungry 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O Gas shortly after eating 49 O O Heart paplitates if meals missed or delayed 40 O O Heart paplitates if meals missed or delayed 40 O O Wereating sweets upsets						
27 0 0 0 Indigestion soon after meals 28 0 0 0 Always seems hungry; feels "lightheaded" often 29 0 0 0 Digestion rapid 30 0 0 0 Vorniting frequent 31 0 0 0 Hoarseness frequent 32 0 0 0 Breathing irregular 33 0 0 0 Pulse slow; feels "irregular" 36 0 0 0 Skin peels on foot soles 37 0 0 0 Digiticulty swallowing 38 0 0 0 Constipation, diarrhea alternating 39 0 0 0 Constipation, diarrhea alternating 39 0 0 0 Constipation, diarrhea alternating 39 0 0 0 Perspire easily 40 0 0 Circulation poor, sensitive to cold 41 0 0 0 Subject to colds, asthma, bronchitis 42 0 0 0 Eat when nervous 43 0 0 0 Eat when nervous 45 0 0 0 Irritable before meals 46 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 Plast plaitates if meals missed or delayed 49 0 0 0 Heart palpitates if meals missed or delayed 51 0 0 0 Vorreating sweets unsets						
28 0 0 0 Always seems hungry; feels "lightheaded" often 29 0 0 0 Digestion rapid 30 0 0 0 Vomiting frequent 31 0 0 0 Hoarseness frequent 32 0 0 0 Breathing irregular 33 0 0 0 Pulse slow; feels "irregular" 34 0 0 0 Gagging reflex slow 35 0 0 0 Difficulty swallowing 36 0 0 0 Constipation, diarrhea alternating 37 0 0 0 Get "chilled" infrequently 38 0 0 0 Get "chilled" infrequently 39 0 0 0 Get "chilled" infrequently 39 0 0 0 Detroution poor, sensitive to cold 41 0 0 0 Constipation alternating 42 0 0 0 Eat when nervous 43 0 0 0 Eat when nervous 44 0 0 0 Hungry between meals 45 0 0 Hungry between meals 46 0 0 Get "shaly" if hungry 47 0 0 Fatigue, eating relieves 48 0 0 0 Pitjotheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 51 0 0 0 Voerreating sweets unsets 51 0 0 0 Voerreating sweets unsets 51 0 0 0 Get "chilled" infrequences 52 0 0 0 Get schaly" if meals delayed 53 0 0 0 Feeling queasy, headache over eyes 54 0 0 0 Stools light colored 55 0 0 0 Stools light colored 56 0 0 0 Stools light colored 57 0 0 0 Stools light colored 58 0 0 0 Stools light between shoulder blades 59 0 0 0 Stools light between shoulder blades 59 0 0 0 Dreamling, nightnare type bad dreams 5	26	000	Eyelids swollen, puffy	81	000	Bowel movements painful or difficult
29 0 0 0 Digestion rapid 30 0 0 0 Vomiting frequent 31 0 0 0 Hoarseness frequent 32 0 0 0 Breathing irregular 33 0 0 0 Pulse slow; feels "irregular" 36 0 0 0 Stion between shoulder blades 37 0 0 0 Difficulty swallowing 38 0 0 0 Use laxatives 38 0 0 0 Use laxatives 39 0 0 0 Stools alternate from soft to watery 30 0 0 0 Difficulty swallowing 30 0 0 0 Constipation, diarrhea alternating 31 0 0 0 Stools alternate from soft to watery 39 0 0 0 Stools alternate from soft to watery 39 0 0 0 Beathing irrequently 30 0 0 Get "chilled" infrequently 30 0 0 Everspire easily 40 0 0 0 Circulation poor, sensitive to cold 41 0 0 0 Stools alternate from soft to watery 42 0 0 0 Eat when nervous 43 0 0 0 Excessive appetite 44 0 0 0 Hungry between meals 45 0 0 0 Irritable before meals 46 0 0 0 Faigue, eating relieves 47 0 0 Faigue, eating relieves 48 0 0 0 Faigue, eating relieves 48 0 0 0 Faigue, eating relieves 49 0 0 0 Faigue, eating relieves 40 0 0 Faigue, eating relieves 41 0 0 0 Faigue, eating relieves 42 0 0 0 Faigue, eating relieves 43 0 0 0 Faigue, eating relieves 44 0 0 0 Faigue, eating relieves 45 0 0 0 Faigue, eating relieves 46 0 0 0 Faigue, eating relieves 47 0 0 0 Faigue, eating relieves 48 0 0 0 Faigue, eating relieves 49 0 0 0 Faigue, eating relieves 40 0 0 Faigue, eating relieves 40 0 0 Faigue, eating relieves 41 0 0 0 Faigue, eating relieves 42 0 0 0 Faigue, eating relieves 43 0 0 0 Faigue, eating relieves 44 0 0 0 Faigue, eating relieves 45 0 0 0 Faigue, eating relieves 46 0 0 0 Faigue, eating relieves 47 0 0 Faigue, eating relieves 48 0 0 0 Faigue, eating relieves 49 0 0 0 Faigue, eating relieves 40 0 0 Faigue, relieves 40 0 0 Faigue, relieves 40 0 0 Faigue, relieves 40 0 0 Faigu	28	000	Always seems hungry fools "lighthanded" offen	82	000	Worrier, feels insecure
31 O O O Hoarseness frequent 32 O O Breathing irregular 33 O O Pulse slow; feels "irregular" 36 O O O Skin peels on foot soles 37 O O Pulse slow; feels "irregular" 38 O O Use laxatives 38 O O Use laxatives 38 O O Use laxatives 39 O O Stools alternate from soft to watery 40 O O Skin seels "irregular" 41 O O Stools alternate from soft to watery 42 O O O Eat when nervous 42 O O Eat when nervous 43 O O Eat when nervous 44 O O Hungry between meals 45 O O Irritable before meals 46 O O Fatigue, eating relieves 47 O O Fatigue, eating relieves 48 O O Use laxatives 48 O O Use laxatives 48 O O Use laxatives 49 O O Stools alternate from soft to watery 49 O O Deaming, nightmare type bad dreams 49 O O Deaming, nightmare type bad dreams 40 O O Burbiect to colds, asthma, bronchitis 40 O O Stubject to colds, asthma, bronchitis 40 O O Eat when nervous 41 O O Stubject to colds, asthma, bronchitis 42 O O Eat when nervous 43 O O Eat when nervous 44 O O Burbiect of the province of	29	000	Digestion rapid	83	000	Feeling queasy; headache over eyes
32 O O O Breathing irregular 33 O O Pulse slow; feels "irregular" 36 O O O Pain between shoulder blades 37 O O D Pain between shoulder blades 38 O O Use laxatives 38 O O Use laxatives 38 O O Use laxatives 38 O O O Stools alternate from soft to watery 39 O O O History of gallbladder attacks or gallstones 30 O O "Slow starter" 30 O O "Slow starter" 31 O O "Slow starter" 32 O O O Get "chilled" infrequently 33 O O O Perspire easily 34 O O O Circulation poor, sensitive to cold 35 O O O Subject to colds, asthma, bronchitis 36 O O O Eat when nervous 37 O O Bat when nervous 38 O O O Eat when nervous 39 O O O Bat when nervous 40 O O Eat when nervous 41 O O Hungry between meals 42 O O D Eat when nervous 43 O O Eat when nervous 44 O O Hungry between meals 45 O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O "Lightheaded" if meals delayed 49 O O Heart palpitates if meals missed or delayed 40 O O Werreating sweets upsets 41 O O O Werreating sweets upsets 42 O O Afternoon headaches 43 O O Werreating sweets upsets 44 O O Hungry between meals 45 O O O Maternoon headaches 46 O O O Gas shortly after eating; may be up to 3-4 hrs. 47 O O O Werreating sweets upsets 48 O O Werreating sweets upsets 49 O O Werreating sweets upsets 40 O O Werreating sweets upsets 40 O O Werreating sweets upsets 41 O O Werreating sweets upsets 41 O O Werreating sweets upsets 42 O O O Werreating sweets upsets 44 O O Mucous colitis or "irritable bowel"						
33 0 0 0 Pulse slow; feels "irregular" 34 0 0 0 Gagging reflex slow 35 0 0 0 Difficulty swallowing 36 0 0 0 Constipation, diarrhea alternating 37 0 0 0 "Slow starter" 38 0 0 0 Get "chilled" infrequently 39 0 0 0 Bad breath (halitosis) 39 0 0 0 Senezing attacks 39 0 0 0 Bad breath (halitosis) 40 0 0 0 Circulation poor, sensitive to cold 41 0 0 0 Subject to colds, asthma, bronchitis 42 0 0 0 Eat when nervous 43 0 0 0 Excessive appetite 44 0 0 0 Hungry between meals 45 0 0 0 Get "shaky" if hungry 46 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 51 0 0 0 Overeating sweets unsets 48 0 0 0 Use laxatives 88 0 0 0 Use laxatives 89 0 0 0 Stools alternate from soft to watery 19 0 0 0 Heart palpitates if meals missed or delayed 100 0 0 Gas shortly after eating 100 0 0 Gas shortly after eating 100 0 0 Gas shortly after eating 101 0 0 0 Gas shortly after eating 102 0 0 0 Gas shortly after eating 103 0 0 0 Gas shortly after eating 104 0 0 0 Gas shortly after eating 105 0 0 0 Gas shortly after eating						
34 O O O Gagging reflex slow 35 O O Difficulty swallowing 36 O O Constipation, diarrhea alternating 37 O O "Slow starter" 38 O O Get "chilled" infrequently 39 O O Perspire easily 40 O O Circulation poor, sensitive to cold 41 O O Subject to colds, asthma, bronchitis GROUP 3 42 O O Eat when nervous 43 O O Eat when nervous 44 O O Hungry between meals 45 O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O Tagintheaded" if meals delayed 49 O O Afternoon headaches 51 O O O Afternoon headaches 51 O O O Overeating sweets upsets 51 O O O Overeating sweets upsets 51 O O O Overeating sweets upsets 58 O O O Uses laxatives 59 O O Stolos alternate from soft to watery 51 History of gallbladder attacks or gallstones 51 Stolos alternate from soft to watery 51 O O O Stolos alternate from soft to watery 51 O O O Stolos alternate from soft to watery 51 O O O Stolos alternate from soft to watery 52 O O O Stolos alternate from soft to watery 52 O O O Stolos alternate from soft to watery 53 O O O Stolos alternate from soft to watery 54 O O O Fasigue, alting ellistones 55 O O O Afternoon headaches 56 O O O Wereating sweets upsets 57 O O O Overeating sweets upsets 58 O O O Stolos alternate from soft to watery 58 O O O Stolos alternate from soft to watery 58 O O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 59 O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 59 O O Dreaming, nightmare type bad dreams 50 O O Dreaming, nightmare type bad dreams 58 O O O Dreaming, nightmare type bad dreams 58 O O D				87	000	Pain between shoulder blades
36 O O Constipation, diarrhea alternating 37 O O "Slow starter" 38 O O Get "chilled" infrequently 39 O O O Bet "chilled" infrequently 39 O O O Bad breath (halitosis) 40 O O Circulation poor, sensitive to cold 41 O O O Subject to colds, asthma, bronchitis 42 O O O Eat when nervous 43 O O O Eat when nervous 44 O O O Hungry between meals 45 O O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O O Fatigue, eating relieves 49 O O O Afternoon headaches 50 O O Afternoon headaches 51 O O O Vereating sweets upsets 51 O O O Vereating sweets upsets 51 O O O O Vereating sweets upsets 51 O O O O Constipation, diarrhea alternating 91 O O O Dreaming, nightmare type bad dreams 92 O O O Dreaming, nightmare type bad dreams 92 O O O Bad breath (halitosis) 93 O O O Bad breath (halitosis) 94 O O O Bad breath (halitosis) 95 O O O Bad breath (halitosis) 96 O O O Bad breath (halitosis) 96 O O O Bad breath (halitosis) 97 O O O Corealing anus 97 O O O Coreal to how we distress 98 O O O Loss of taste for meat 98 O O O Lower bowel gas several hours after eating 99 O O O Coated tongue 99 O O O Coated tongue 90 O O Dreaming, nightmare type bad dreams 90 O O O Dreaming, nightmare type bad dreams 90 O O O Sensitive to hot weather 90 O O Coreal to how we distress 97 O O O Coated tongue 97 O O O Dreaming, nightmare type bad dreams 98 O O O Bad breath (halitosis) 98 O O O Dreaming, nightmare type bad dreams 99 O O O Dreaming, nightmare type bad dreams 90 O O O Dreaming, nightmare type bad dreams 90 O O Dreaming, nightmare type bad dreams 91 O O O Dreaming, nightmare type bad	34	000	Gagging reflex slow			
37 O O O "Slow starter" 38 O O O Get "chilled" infrequently 39 O O Perspire easily 40 O O Circulation poor, sensitive to cold 41 O O Subject to colds, asthma, bronchitis GROUP 3 42 O O Eat when nervous 43 O O Excessive appetite 44 O O Hungry between meals 45 O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O Taigue, eating relieves 49 O O Hearning, nightmare type bad dreams 91 O O Dreaming, nightmare type bad dreams 92 O O Dreaming, nightmare type bad dreams 93 O O Bad breath (halitosis) 94 O O Milk products cause distress 95 O O Sensitive to hot weather 96 O O Buming or itching anus 97 O O Crave sweets 97 O O Crave sweets 98 O O Loss of taste for meat 98 O O Lower bowel gas several hours after eating 99 O O Lower bowel gas several hours after eating 100 O O Burning stomach sensations, eating relieves 101 O O Coated tongue 102 O O Pass large amounts of foul-smelling gas 103 O O Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs. 104 O O Mucous colitis or "irritable bowel" 105 O O Gas shortly after eating	35	000	Difficulty swallowing	89	000	Stools alternate from soft to watery
38 O O Get "chilled" infrequently 39 O O Perspire easily 40 O O Circulation poor, sensitive to cold 41 O O Subject to colds, asthma, bronchitis GROUP 3 42 O O CET Eat when nervous 43 O O Eat when nervous 44 O O O Hungry between meals 45 O O Irritable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O Tatigue, eating relieves 48 O O Heart palpitates if meals missed or delayed 49 O O Afternoon headaches 51 O O O Overeating sweets upsets 51 O O O Overeating sweets upsets 51 O O O Overeating sweets upsets 52 O O O Direaming, nightmare type bad dreams 53 O O Bad breath (halitosis) 53 O O O Milk products cause distress 54 O O O Milk products cause distress 52 O O O Milk products cause distress 53 O O O Burning anus 55 O O O Burning anus 56 O O O Burning stomach sensations, eating relieves 56 O O O O O O O O O O O O O O O O O O O				91	000	Sneezing attacks
39 O O Perspire easily 40 O O O Circulation poor, sensitive to cold 41 O O O Subject to colds, asthma, bronchitis GROUP 3 42 O O O Eat when nervous 43 O O O Excessive appetite 44 O O O Hungry between meals 45 O O Initiable before meals 46 O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O O "Lightheaded" if meals delayed 49 O O O Heart palpitates if meals missed or delayed 50 O O O O O O O O O O O O O O O O O O O				92	000	Dreaming, nightmare type bad dreams
41 O O O Subject to colds, asthma, bronchitis GROUP 3 42 O O O Eat when nervous 43 O O O Excessive appetite 44 O O O Hungry between meals 45 O O O Get "shaky" if hungry 47 O O O Fatigue, eating relieves 48 O O O "Lightheaded" if meals delayed 49 O O O Heart palpitates if meals missed or delayed 50 O O O Overeating sweets upsets 41 O O O Overeating sweets upsets 42 O O O Eat when nervous 43 O O Eat when nervous 44 O O O Hungry between meals 45 O O O Hungry between meals 46 O O O Get "shaky" if hungry 47 O O Fatigue, eating relieves 48 O O O "Lightheaded" if meals delayed 49 O O O Heart palpitates if meals missed or delayed 49 O O O O O O O O O O O O O O O O O O O	39	000	Perspire easily	93	000	Bad breath (halitosis)
GROUP 3 42 0 0 0 Eat when nervous 43 0 0 0 Excessive appetite 44 0 0 0 Hungry between meals 45 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 50 0 0 O Afternoon headaches 51 0 0 0 O O Extensive appetite 98 0 0 0 Loss of taste for meat 99 0 0 0 Lower bowel gas several hours after eating 100 0 0 0 Burning stomach sensations, eating relieves 101 0 0 0 Coated tongue 102 0 0 0 Pass large amounts of foul-smelling gas 103 0 0 0 Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs. 104 0 0 0 Mucous colitis or "irritable bowel" 105 0 0 0 Gas shortly after eating	40	000	Circulation poor, sensitive to cold	94	000	Milk products cause distress
42 0 0 0 Eat when nervous 43 0 0 0 Excessive appetite 44 0 0 0 Hungry between meals 45 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 50 0 0 O Afternoon headaches 51 0 0 0 O Overeating sweets upsets 51 0 0 0 O Overeating sweets upsets 52 0 0 0 Afternoon headaches 53 0 0 0 O Overeating sweets upsets 54 0 0 0 Crave sweets 68 0 0 0 Loss of taste for meat 99 0 0 0 Lower bowel gas several hours after eating 100 0 0 0 Burning stomach sensations, eating relieves 101 0 0 0 Coated tongue 102 0 0 0 Pass large amounts of foul-smelling gas 103 0 0 0 Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs. 104 0 0 0 Mucous colitis or "irritable bowel"	41	000				
43 O O O Excessive appetite 44 O O O Hungry between meals 45 O O O Irritable before meals 46 O O O Get "shaky" if hungry 47 O O O Fatigue, eating relieves 48 O O O "Lightheaded" if meals delayed 49 O O O Heart palpitates if meals missed or delayed 50 O O O Afternoon headaches 51 O O O Overeating sweets upsets GROUP 6 98 O O Loss of taste for meat 100 O O Burning stomach sensations, eating relieves 101 O O O Cated tongue 102 O O Pass large amounts of foul-smelling gas 103 O O Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs. 104 O O Mucous colitis or "irritable bowel" 105 O O Gas shortly after eating	42	000				
44 0 0 0 Hungry between meals 45 0 0 0 Irritable before meals 46 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 50 0 0 0 Afternoon headaches 51 0 0 0 Overeating sweets upsets 51 0 0 0 Overeating sweets upsets 52 Loss of taste for meat 99 0 0 0 Loss of taste for meat 99 0 0 0 Loss of taste for meat 99 0 0 0 Loss of taste for meat 99 0 0 0 Loss of taste for meat 99 0 0 0 Loss of taste for meat 99 0 0 0 Indigestion 1/2 and particular eating as 100 0 Indigestion 1/2 and particular eating and particular eating as 100 0 Mucous colitis or "irritable bowel" 105 0 0 0 Gas shortly after eating	43	000	Excessive appetite			
45 0 0 0 Irritable before meals 46 0 0 0 Get "shaky" if hungry 47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 50 0 0 0 Afternoon headaches 51 0 0 0 O Overeating sweets upsets 51 0 0 0 O Vereating sweets upsets 52 0 0 0 Get "shaky" if hungry 53 0 0 0 Get "shaky" if hungry 54 0 0 0 Euring stomach sensations, eating relieves 55 0 0 0 0 Fatigue, eating relieves 56 0 0 0 Afternoon headaches 57 0 0 0 Overeating sweets upsets 58 0 0 0 O Gas shortly after eating	44	000	Hungry between meals			
47 0 0 0 Fatigue, eating relieves 48 0 0 0 "Lightheaded" if meals delayed 49 0 0 0 Heart palpitates if meals missed or delayed 50 0 0 0 Afternoon headaches 51 0 0 0 O Overeating sweets upsets 52 0 0 0 O Vereating sweets upsets 53 0 0 0 O Overeating sweets upsets 54 0 0 0 Gas shortly after eating 55 0 0 0 O Overeating sweets upsets 56 0 0 0 Overeating sweets upsets 57 0 0 0 Overeating sweets upsets 58 0 0 0 O Overeating sweets upsets 59 0 0 0 Overeating sweets upsets 50 0 0 0 Overeating sweets upsets	45	000	Irritable before meals	99	000	Lower bowel gas several hours after eating
48 O O O "Lightheaded" if meals delayed 49 O O O Heart palpitates if meals missed or delayed 50 O O O Afternoon headaches 51 O O O Overeating sweets upsets 52 O O O Overeating sweets upsets 53 O O O Overeating sweets upsets 54 O O O Overeating sweets upsets 55 O O O Overeating sweets upsets 56 O O O Overeating sweets upsets 57 O O O Overeating sweets upsets 58 O O O Overeating sweets upsets 59 O O O Overeating sweets upsets 50 O O O Overeating sweets upsets 50 O O O Overeating sweets upsets	40	000	Get snaky" if hungry	101	000	Coated tongue
49 O O O Heart palpitates if meals missed or delayed 50 O O O Afternoon headaches 51 O O O Overeating sweets upsets 52 O O O Overeating sweets upsets 53 O O O Overeating sweets upsets 54 O O O Overeating sweets upsets 55 O O O Overeating sweets upsets 56 O O O Overeating sweets upsets 57 O O O Overeating sweets upsets	48	000	Lightheaded" if meals delayed			
50 O O O Afternoon headaches 104 O O O Mucous colitis or "irritable bowel" 105 O O O Overeating sweets upsets 105 O O O Gas shortly after eating	49	000	Heart palpitates if meals missed or delayed	. 103	000	Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs
105 O O O Gas shortly after eating	ວບ	000	Afternoon headaches	104	000	Mucous colitis or "irritable bowel"
	σí	000	Overeating sweets upsets	105 (000	Gas snortly after eating Stomach "bloating" offer anti-

	1 2 3	GROUP 7A		1 2 3	
107	000	Insomnia	170		Weakness after colds, influenza
		Nervousness			Exhaustion - muscular and nervous
		Can't gain weight			Respiratory disorders
		Intolerance to heat	172	000	
				ton sin se	GROUP 8
		Highly emotional	173	000	Apprehension
		Flush easily	174	000	Irritability
		Night sweats	175	000	Morbid fears
114	000	Thin, moist skin	176	000	Never seems to get well
115	000	Inward trembling	177	000	Forgetfulness
116	000	Heart palpitates			Indigestion
117	000	Increased appetite without weight gain			Poor appetite
		Pulse fast at rest			Craving for sweets
		Eyelids and face twitch			
72.2		Irritable and restless			Muscular soreness
		Can't work under pressure			Depression; feelings of dread
121	000		183	000	Noise sensitivity
		GROUP 7B	184	000	Acoustic hallucinations
		Increase in weight	185	000	Tendency to cry without reason
		Decrease in appetite	186	000	Hair is coarse and/or thinning
124	000	Fatigue easily	187	000	Weakness
125	000	Ringing in ears	188	000	Fatigue
126	000	Sleepy during day			Skin sensitive to touch
		Sensitive to cold			Tendency toward hives
		Dry or scaly skin			Nervousness
		Constipation		1000 CD 1000 CD	
		Mental sluggishness			Headache
					Insomnia
		Hair coarse, falls out	194	000	Anxiety
		Headaches upon arising, wear off during day			Anorexia
		Slow pulse, below 65	196	000	Inability to concentrate; confusion
		Frequency of urination	197	000	Frequent stuffy nose; sinus infections
135	000	Impaired hearing			Allergy to some foods
136	000	Reduced initiative			Loose joints
		GROUP 7C			
137	000	Failing memory	200	000	FEMALE ONLY
		Low blood pressure			Very easily fatigued
		Increased sex drive			Premenstrual tension
					Painful menses
140	000	Headaches, "splitting or rending" type	203	000	Depressed feelings before menstruation
141	000	Decreased sugar tolerance	204	000	Menstruation excessive and prolonged
		GROUP 7D			Painful breasts
142	000	Abnormal thirst	206	000	Menstruate too frequently
143	000	Bloating of abdomen			Vaginal discharge
144	000	Weight gain around hips or waist	208		Hysterectomy / ovaries removed
145	000	Sex drive reduced or lacking			Menopausal hot flashes
146	000	Tendency to ulcers, colitis			
		Increased sugar tolerance			Menses scanty or missed
148	000	Women: menstrual disorders			Acne, worse at menses
1/0	000	Voung girle leak of more to 15 miles	212	000	Depression of long standing
143	000	Young girls: lack of menstrual function			MALE ONLY
		GROUP 7E	213	000	Prostate trouble
		Dizziness	214	000	Urination difficult or dribbling
		Headaches			Night urination frequent
		Hot flashes			Depression
153	000	Increased blood pressure			Pain on inside of legs or heels
154	000	Hair growth on face or body (female)	218	000	Feeling of incomplete bowel evacuation
155	000	Sugar in urine (not diabetes)	210	000	Leaft of an army
156	000	Masculine tendencies (female)			Lack of energy
					Migrating aches and pains
157	000	GROUP 7F			Tire too easily
157	000	Weakness, dizziness	222	000	Avoids activity
		Chronic fatigue	223	000	Leg nervousness at night
159	000	Low blood pressure	224	000	Diminished sex drive
		Nails weak, ridged	Lis	et the five	o main complainte ver have in the land of the control of the contr
161	000	Tendency to hives	LI	or rule IIV	e main complaints you have in the order of their importance:
162	000	Arthritic tendencies	1.		
		Perspiration increase			
164	000	Bowel disorders	2.		
		Poor circulation			
		Swollen ankles	3		
		Crave salt			
			4		
160	000	Brown spots or bronzing of skin		1000	
109	000	Allergies - tendency to asthma	5		

SEVEN DAY FOOD DIARY Patient Name ___ Date Started _____ Breakfast Lunch Dinner Snacks Monday Tuesday Wednesday Thursday Friday Saturday Sunday